



## Information for clients

# Specimen Collection Guide for Time-Related Testing

CPLSW500445F1

## Processing Guideline for Optimal Specimen Integrity

Timed or time-sensitive specimens must be collected according to specimen requirements in the test directory at [www.cpllabs.com](http://www.cpllabs.com) or as given in the laboratory portal.

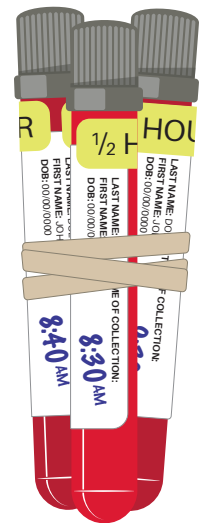
These specimens must be labeled with two patient identifiers, such as the patient's full name and date of birth. Additionally, please label all specimens with:

- The date and times of collection
- The fluorescent time-interval labels

Ensure that the fluorescent labels do not obscure any patient information.

Band all specimens together by accession to ensure specimens are not separated during transport (**Figure A**).

As with all specimens, it is critical to follow the testing requirements in the test directory at [www.cpllabs.com](http://www.cpllabs.com). Review all areas including the preferred and acceptable specimen types, collection and processing temperatures, transport temperatures and specimen stability along with any other special notes.



**Figure A**

Timed labels can be provided upon request

## Gestational Glucose Tolerance Tests

Unit Code	Gestational Glucose Tolerance Tests	Fasting Specimen Included	30-Minute Specimen Included	1-Hour Specimen Included	2-Hour Specimen Included	3-Hour Specimen Included
394	Glucose Tolerance, Gestational, 50GM Load, Screen (Fasting, 1 hr)	Y		Y		
2140	Glucose Tolerance, Gestational, 75GM Load, One Step, (Fasting, 1 hr, 2 hr)	Y		Y	Y	
2111	Glucose Tolerance Gestational, 100GM Load, Diag., (Fasting, 1 hr, 2 hr, 3 hr)	Y		Y	Y	Y
2055	Glucose Tolerance, Gestational, 100GM Load, NDDG, (Fasting, 1 hr, 2 hr, 3 hr)	Y		Y	Y	Y
2184	Glucose Tolerance, Gestational, 100GM Load, Carpenter-Coustan (Fasting, 1 hr, 2 hr, 3 hr)	Y		Y	Y	Y

## Non-Gestational Glucose Tolerance Tests

Unit Code	Non-Gestational Glucose Tolerance Tests	Fasting Specimen Included	30-Minute Specimen Included	1-Hour Specimen Included	2-Hour Specimen Included
1957	Glucose Tolerance, 75GM Load (Fasting, 30 min, 1 hr)	Y	Y	Y	
2110	Glucose Tolerance, 75GM Load (Fasting, 30 min, 1 hr, 2 hr)	Y	Y	Y	Y
2292	Glucose Tolerance, 75GM Load, ADA (Fasting, 1 hr, 2 hr)	Y		Y	Y

## Cortisol Stimulation Test

Unit Code	Cortisol Stimulation Test	Baseline Specimen Included	1st-Post Specimen Included	2nd-Post Specimen Included
2656	Cortisol Profile, ACTH Stimulation (Baseline, 1st Post, 2nd Post)	Y	Y	Y

## Cortisol Stimulation/Suppression Test

Unit Code	Cortisol Stimulation/Suppression Test	Baseline Specimen Included	30-Minute Specimen Included	60-Minute Specimen Included
9313	Cortisol Evocative/Suppression Profile (Baseline, 30 min, 60 min)	Y	Y	Y

**NOTE:** Other timed testing profiles are available with specimen requirements described in the test directory. Please follow these guidelines for handling and labeling for all time related testing profiles.